Pilot investigation of the mutation profile of PIK3CA/PTEN genes (PI3K pathway) in grade 3 endometrial cancer

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Abstract. Endometrial cancer (EC) comprises a biological and clinical heterogeneous group of tumors. Several genetic alterations are involved in the development and progression of EC, and may be used for targeted therapy, particularly in patients with advanced-stage EC. In the present study, a combined procedure was developed based on polymerase chain reaction (PCR)-high resolution melting analysis (HRMA) and Sanger sequencing for the evaluation of somatic mutations in selected phosphoinositide 3-kinase (PI3K) catalytic subunit α (PIK3CA; exons 1, 9 and 21) and phosphatase and tensin homolog (PTEN; exons 5, 6, 7 and 8) exons. This combined procedure has the specificity and sensitivity of the two techniques, and overcomes their limitations. A pilot study was performed on 18 selected homogenous EC samples, of grade 3 endometrioid subtype (G3 EEC). First, the feasibility of the combined procedure was investigated to properly identify the presence of somatic mutations on PIK3CA and PTEN, the variations identified were analyzed using Catalogue of Somatic Mutations in Cancer, PolyPhen-2 and Mutation Taster software, and the frequency of mutations/variations was determined in the selected samples. The evaluation of mutational load revealed that the majority of the G3 EEC samples exhibited PIK3CA mutations (39%) and PTEN mutations (67%), and the majority of the samples (83%) had mutations in at least one of the two genes, and 33% had mutations in the two genes. The results of the present pilot study suggested that the cost-effective combined PCR-HRMA and Sanger sequencing procedure may be suitable for identification of PTEN and PIK3CA mutations in G3 EEC and that their frequency was consistent in G3 EEC, indicating that the PI3K pathway serves a pivotal function that may have potential for defining targeted therapy for the treatment of G3 EEC.

Introduction

Endometrial cancer (EC) comprises a biologically and clinically heterogeneous group of tumors, generally classified as Type I (endometrioid) or Type II (non-endometrioid) on the basis of morphological characteristics. It was recently demonstrated that these two groups are characterized by different genetic alterations; consequently, the function of these variations has been widely investigated, in order to identify diagnostic and prognostic markers for improving the delineation of EC (1).

Recently, a novel classification system was published by The Cancer Genome Atlas (TCGA) on the basis of genetic and epigenetic modifications (2). In addition, a previous TCGA-based analysis has confirmed that >90% of endometrioid EC (EEC) harbor genetic alterations in the phosphoinositide 3-kinase (PI3K) signaling pathway (3), primarily concerning PI3K catalytic subunit α (PIK3CA), and phosphatase and tensin homolog (PTEN) (3-12).

Furthermore, it has been identified that grade 3 (G3) EEC exhibits clinical and pathological behavior between type I and type II, suggesting that EEC may evolve by mechanisms different from those for other EEC grades (13-16).

In EEC, the frequency of PIK3CA mutations is 50% (17) making it one of the most frequently mutated genes (18-21), independently of histological types (17,22). In total, >70% of PIK3CA mutations cluster at three ‘hotspot’ codons, exon 1
were custom-made by Sigma-Aldrich; mutational and suitable tissues were selected from patients with G3 EEC. All patients underwent surgical treatment between May 2013 and with at least 2 years of follow up (up to 1 February 2018). Tissue collection and DNA extraction. Materials and methods

of the primary mutations in limitations of each technique; and ii) to assess the presence (exons 5, 6, 7 and 8) genes with the intention to overcome the presence of variants in PCR-HRMA and Sanger sequencing for evaluating the sensitive and specific, but allows the analysis of only single sensitivity, and vice versa for PCR-HRMA, whereas qPCR is more cost-effective, but allow the analysis of only a limited specificity and sensitivity, but require expensive instrumenta tion at 95˚C for 5 min, then 40 amplification cycles of 95˚C for 30 sec, 56/60˚C (56˚C for 45-47). Consequently, efforts should be focused on improving the characterization of the PIK3CA and PTEN mutational profiles, to allow the establishment of personalized targeted therapy.

Several approaches may be used for the characterization of mutations [e.g. next-generation sequencing (NGS), mass spectrometry (MS), Sanger sequencing, polymerase chain reaction (PCR)-high-resolution melting analysis (HRMA) and quantitative PCR (qPCR)]. Certain methods (i.e. NGS and MS) provide a comprehensive overall evaluation with high specificity and sensitivity, but require expensive instrumenta tion and procedures, and trained personnel; other methods (i.e. Sanger sequencing, PCR-HRMA and qPCR) are simpler and more cost-effective, but allow the analysis of only a limited number of selected exons, and the specificity and sensitivity differ (Sanger sequencing had high specificity and low sensitivity, and vice versa for PCR-HRMA, whereas qPCR is sensitive and specific, but allows the analysis of only single known hotspots) (48-51).

The present pilot study had two main aims: i) To develop an economical and efficient combined procedure on the basis of PCR-HRMA and Sanger sequencing for evaluating the presence of variants in PIK3CA (exons 1, 9 and 21) and PTEN (exons 5, 6, 7 and 8) genes with the intention to overcome the limitations of each technique; and ii) to assess the presence of the primary mutations in PIK3CA and PTEN in a selected homogeneous subgroup of G3 EECs.

Materials and methods

Tissue collection and DNA extraction. A total of 18 available and suitable tissues were selected from patients with G3 EEC and with at least 2 years of follow up (up to 1 February 2018). All patients underwent surgical treatment between May 2013 and November 2015, at the Obstetrics and Gynecology Unit, Careggi University Hospital (Florence, Italy). Patients were treated depending on International Federation of Gynecology and Obstetrics (FIGO staging), grading and European Society of Gynecological Oncology (ESGO) risk (52). Tumor samples were collected at the time of surgery, following acquisition written informed consent from the patients. The study was approved by the Ethics Committee of Careggi University Hospital. Patients’ demographic, clinical and pathological features are presented in Table I.

Tumor samples were immediately fixed in formalin and processed for paraffin embedding. The resulting formalin-fixed paraffin-embedded (FFPE) tissues were examined historically by pathologists at Careggi University Hospital for the selection of areas containing >70% of tumor cells.

DNA was extracted from slices using a QIAamp DNA FFPE tissue kit (Qiagen GmbH, Hilden, Germany), according to the manufacturer’s protocol. DNA quality (ratio R) and quantity (DNA concentration) were determined using a spectrophotometer (NanoDrop® 1000 UV spectrophotometer; Thermo Fisher Scientific, Inc., Waltham, MA, USA).

Primers and PCR conditions. Primers for selected exons of PIK3CA and PTEN were custom-made by Sigma-Aldrich; Merck KGaA (Darmstadt, Germany), and were designed to be suitable for Sanger sequencing and PCR-HRMA using primer3web software (version 4.10; primer3.ut.ee), checked for specificity and mismatch using Primer-BLAST (www.ncbi.nlm.nih.gov/tools/primer-blast) and using SNP Check (version 3; secure.ngrl.org.uk/SNPCheck/snpcheck.htm). Primer sequences are presented in Table II.

PCR was performed using the custom primers, Taq PCR core kit (Qiagen GmbH) and the third-generation DNA-intercalating dye Syto 9 (Thermo Fisher Scientific, Inc.). Briefly, 10 ng DNA was amplified using 2 µl master mix (10X), 0.5 µl each primer (10 µM), 0.4 µl dNTPs (10 mM each), 0.4 µl Syto9 (50 µM), 0.1 µl Taq DNA polymerase (5 U/µl) and water in a final volume of 20 µl. Samples were subjected to incubation at 95˚C for 5 min, then 40 amplification cycles of 95˚C for 30 sec, 56/60˚C (56˚C for PTEN and 60˚C for PIK3CA) for 45 sec and 72˚C for 45 sec, and a final incubation at 72˚C for 20 min in a GeneAmp PCR system 9700 (Thermo Fisher Scientific, Inc.).

HRMA. Amplified samples were submitted to a high-resolution melting (HRM) protocol (95˚C for 5 min, 40˚C for 1 min, ramping temperature from 72 to 84˚C) in aRotor-gene Q PCR cycler (Qiagen GmbH). The melting curve of each sample was analyzed using melting and HRM software (Rotor-Gene® Q-Pure Detection series software, version 2.1.0, build 9; Qiagen GmbH).

Sanger sequencing. The amplified and melted PCR products were purified using a QIAquick PCR purification kit (Qiagen GmbH) and sequenced on an ABI 310 genetic analyzer (Thermo Fisher Scientific, Inc.). Briefly, 3 µl purified PCR was added to 1 µl BigDye Terminator, 3.2 µl forward/reverse primer (1 µM), 3.5 µl BigDye Terminator buffer and water in a final volume of 20 µl, and amplified for 25 cycles of 96˚C for 10 sec, 59˚C for 5 sec and 60˚C for 2 min in the GeneAmp PCR system 9700, purified using a DyeEx 2.0 Spin column (Qiagen GmbH), according to the manufacturer’s protocol, and 7 µl was Sanger sequenced.
Table I. Demographic and clinicopathological features of patients with grade 3 endometrioid endometrial cancer.

<table>
<thead>
<tr>
<th>Sample</th>
<th>BMI</th>
<th>Age at menopause, years</th>
<th>Menopause status</th>
<th>Menopause duration years</th>
<th>Myometrial infiltration %</th>
<th>FIGO stage</th>
<th>Time disease-free, months</th>
<th>Total follow-up, months</th>
<th>Lymph node involvement (n)</th>
<th>Risk</th>
</tr>
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<td>S1</td>
<td>Ow</td>
<td>57</td>
<td>Yes</td>
<td>4</td>
<td>&gt;50</td>
<td>IB</td>
<td>22</td>
<td>58</td>
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<td>No</td>
</tr>
<tr>
<td>S2</td>
<td>Nw</td>
<td>74</td>
<td>Yes</td>
<td>29</td>
<td>&gt;50</td>
<td>IB</td>
<td>-</td>
<td>56</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>S3</td>
<td>Ob II</td>
<td>65</td>
<td>Yes</td>
<td>15</td>
<td>&gt;50</td>
<td>IIIC</td>
<td>-</td>
<td>42</td>
<td>No</td>
<td>3</td>
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<td>23</td>
<td>&gt;50</td>
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<tr>
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<td>Ow</td>
<td>60</td>
<td>Yes</td>
<td>9</td>
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<td>-</td>
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<tr>
<td>S6</td>
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<td>16</td>
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<td>-</td>
<td>36</td>
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<td>72</td>
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<td>20</td>
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<td>20</td>
<td>37</td>
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<td>31</td>
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<td>-</td>
<td>36</td>
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<td>-</td>
<td>34</td>
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<td>79</td>
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<td>30</td>
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<td>-</td>
<td>34</td>
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<td>Nw</td>
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<td>24</td>
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<td>25</td>
<td>32</td>
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<td>-</td>
<td>31</td>
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<tr>
<td>S14</td>
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<td>74</td>
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<td>15</td>
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<td>13</td>
<td>&lt;50</td>
<td>IA</td>
<td>-</td>
<td>28</td>
<td>No</td>
<td>No</td>
</tr>
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</table>

BMI, body mass index; FIGO, International Federation of Gynecology and Obstetrics; LVSI, lymphovascular space invasion; Nw, normal weight; Ow, overweight; Ob I, obesity class I; Ob II, obesity class II; Ob III, obesity class III.
Table II. Primer sequences.

<table>
<thead>
<tr>
<th>Gene</th>
<th>Exon</th>
<th>Forward primer</th>
<th>Reverse primer</th>
<th>Product size, bp</th>
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<td>1</td>
<td>5'-TGTTACTCAAGAAGGAGGAAAGG-3'</td>
<td>5'-ACGAAGGTATGGTTTAGCAGA-3'</td>
<td>231</td>
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<tr>
<td></td>
<td>9</td>
<td>5'-TGTGAAGATCTTGACAATGGC-3'</td>
<td>5'-AAATTCTCAGATCCAGGAAGG-3'</td>
<td>231</td>
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<tr>
<td></td>
<td>21</td>
<td>5'-TGCTCAGTTTGTGGTCTGCC-3'</td>
<td>5'-TGCTCAGTTTGTGGTCTGCC-3'</td>
<td>185</td>
</tr>
<tr>
<td>PTEN</td>
<td>5</td>
<td>5'-TGTGAAGATCTTGACAATGGC-3'</td>
<td>5'-AAATTCTCAGATCCAGGAAGG-3'</td>
<td>296</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>5'-ACGACCCGATTACCATAGCA-3'</td>
<td>5'-TGTTACTCAAGAAGGAAAC-3'</td>
<td>124</td>
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<tr>
<td></td>
<td>7</td>
<td>5'-ACGACCCGATTACCATAGCA-3'</td>
<td>5'-ACGACCCGATTACCATAGCA-3'</td>
<td>21</td>
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<tr>
<td></td>
<td>8</td>
<td>5'-ACGACCCGATTACCATAGCA-3'</td>
<td>5'-ACGACCCGATTACCATAGCA-3'</td>
<td>219</td>
</tr>
</tbody>
</table>

To confirm identified mutations, the samples were also sequenced using reverse primers. The electropherogram of each sequenced amplicon was independently evaluated by two individuals. For validation of the combined procedure, in a subgroup of three samples, NGS was performed using Ion Torrent S5 with Hotspot cancer panel version 1 on Chip 520 (Thermo Fisher Scientific, Inc.) with a coverage (mean depth) average of 1,000X, mean reads of 400,000 and mean read length of 115 bp, according to the manufacturer's protocol.

For validation of variations identified by PCR-HRMA, but not by Sanger sequencing (sample S2 and S4), their corresponding PCR products associated with PTEN exon 5 were cloned using TOPO-TA cloning (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. A total of 20 colonies was isolated and the plasmids were extracted using a QIAprep Spin Miniprep kit (Qiagen GmbH). The extracted plasmids were sequenced as aforementioned.

**Mutation identification.** The nucleotide changes were evaluated using the Catalogue of Somatic Mutations in Cancer (COSMIC) database (version 86; cancer.sanger.ac.uk/cosmic), ensembl (release 93; www.ensembl.org/index.html), PolyPhen-2 (version 2; genetics.bwh.harvard.edu/pph2) and Mutation Taster (MT) (version 2; current build, NCBI 37/Ensembl 69; www.mutationtaster.org) software. Single nucleotide polymorphisms (SNPs) were confirmed using UCSC Genome Browser (genome.ucsc.edu/). The clinical impact was evaluated using COSMIC by Functional Analysis Through Hidden Markov Models score (pathogenic score, range: 0, not pathogenic, to 1, pathogenic), for single amino acid substitutions by PolyPhen-2 score (range: 0, not pathogenic, to 1, pathogenic) and for synonymous single amino acid substitutions, complex variations (insertions/deletions/frameshifts) and modifications in intronic sequence by MT [evaluation: Disease-causing (DC) or SNP].

**Results**

**Quality of DNA.** The extracted DNAs had sufficient amount and quality for PCR amplification and Sanger sequencing; in particular, the concentration mean was 164.15±2.00 ng/µl; the median was 138.00±2.00 ng/µl; the range was between 18.00 and 299.10 ng/µl; the value of R was 2.15 (mean) and 2.15 (median); and the range was between 2.00 and 2.47.

Establishment of the combined PCR-HRMA and Sanger sequencing procedure. The combined procedure is based on the sequential execution of PCR-HRMA and Sanger sequencing, without other steps, and avoids double PCR if the two procedures are performed separately with a corresponding saving of DNA, time of execution and limiting the number of mistakes due to performing the analysis twice. All samples were amplified to verify the success of amplification and to perform the HRMA. An appropriate curve was obtained for all the samples and for each analyzed exon. The HRMA suggested the presence of nucleotide alteration(s) without providing direct information on the specific nucleotide change(s), which induced changes in the shape of the HRM and melting curves. In particular, the presence of nucleotide change(s) induced or a shift in the peak or the appearance of additional peak(s) in the melting curve and a change in the shape of the HRM curve. In order to identify associations of the curve shape with a specific nucleotide sequence, the amplicons were sequenced using the Sanger procedure.

Figs. 1 and 2 present representative results of the HRM and melting curves, and the corresponding specific base modification identified by Sanger sequencing, for PIK3CA exon 1 and for PTEN exon 5, respectively.

The comparison of HRMA and sequencing data confirmed that samples with the same HRM curve shared the same nucleotide sequence. Differences in HRM curves for the same ampiclon suggested the presence of different nucleotide sequences. Figs. 3 and 4 present the principal variations detected by HRM curves along with the corresponding nucleotide change(s) for each exon of PIK3CA and PTEN analyzed. Notably, for PTEN exon 5, it was observed that three samples shared the same HRM and melting curves (Fig. 5), but the corresponding Sanger sequences revealed the presence of a specific variant only for one sample (sample S9; p.Y155S), suggesting that the two samples (samples S2 and S4) may have the same variation as sample S9, but at lower levels. To verify this hypothesis, the PCR products of samples S2 and S4 were cloned into a plasmid and sequenced, which confirmed the presence of the suggested variant at low level (two and three positive colonies, respectively, in samples S2 and S4).

This combined approach allowed the avoidance of a double PCR (if the two methodologies were applied separately), retaining DNA for use in further analysis. Furthermore, the use of HRMA alone suggested the presence of homoduplex
or heteroduplex variations in the analyzed exons [PIK3CA exon 1 (61%), exon 9 (6%) and exon 21 (33%), and PTEN exon 5 (44%), exon 6 (78%), exon 8 (50%) and none in exon 7), but provided information on the type of variation. Sanger sequencing provided this specific information on the type of alteration, allowing the characterization of the nucleotide
variation, but with low sensitivity. The merged information provided the sensitivity of HRMA and the specificity of Sanger sequencing (for example, for PTEN exon 5, the mutation detection frequency increased from 33 to 44%).

To further evaluate this approach, three samples were validated using this combined procedure and by NGS technology in which all the PTEN and PIK3CA exons were analyzed, as well as 48 other cancer-associated genes. The two technologies yielded the same results: For sample S16 only, a single-base mutation in PTEN exon 5 was detected.

**Evaluation of variants on PIK3CA and PTEN.**

**PIK3CA.** A total of seven different variations in 11 samples (61%) were identified, all of which were heterozygous, except for IVS1+40A>G (intronic) which in three samples was homozygous and 7/11 were pathogenic (Table III). In particular, in exon 1, two mutations were identified, namely p.L89R (6%) and p.R88G (18%), as well as the SNP IVS1+40A>G (rs3729674; 44%); in exon 9, the mutation p.Q546R (cosm12459; 6%), was identified; and in exon 21, the mutation p.E1037Q (12%) was detected. The highest number of mutations (three mutations and one variant) was observed in exon 21 compared with exon 1 (two mutations) and exon 9 (one mutation). All five samples at FIGO stage III (IIIA and IIIC) did not exhibit any variation in PIK3CA.

**PTEN.** A total of 12 different variations were identified and 16/18 (89%) samples exhibited at least one variation, among which 12 (67%) presented a pathological variation (Table IV). In particular, exon 6 exhibited the highest number of variations. The most represented alteration was p.Q171Q (78%), followed by p.R189K (cosm1745951; 44%). Exon 5 exhibited pathogenic mutations in six samples (33%): p.Y155S (18%), p.D162H (cosm5274; 12%), p.Y155H (cosm5038; 6%), p.G143fs*4 (cosm30623; 6%), R130* (cosm5152; 6%) and G129Stop (cosm18663; 6%). Exon 8 had an intrinsic variant (IVS8+32T>G; 44%) and in one sample it was associated with p.I300fs*2. Exon 7 did not present any mutation according to Kafshoos et al (53). No particular trend was observed for the PTEN mutation, except for the non-menopausal patient that had PTEN R130* and the presence of the PTEN T167fs* in the obese class III patient.

**Variant/mutational load.** Regarding the overall variant evaluation, the majority of the samples (89%) exhibited at least one variation (Table V). Regarding SNPs, 50% of the samples exhibited one SNP and 18% presented with two SNPs. Regarding the mutations, 67% of the samples had confirmed mutations at least in one of the two genes, whereas 18% had mutations in the two genes, and these values increased to 72 and 33%, respectively, if the mutations predicted with PolyPhen-2 were considered, and to 82 and 39%, respectively, if the MT prediction was considered.

It was observed that 28% of the samples exhibited a single confirmed mutation, 16% exhibited two mutations, 22% exhibited three mutations and 6% exhibited four mutations. Considering the overall variant load (excluding SNPs), 18% of
Figure 4. High-resolution melting curves associated with the principal identified phosphatase and tensin homolog gene variants. Each curve represents an exemplificative sample. ‘wt’ corresponds to a sample(s) that presented no variation in the specific amplicon in comparison with the GenBank reference sequence. (A) Exon 5. (B) Exon 6. (C) Exon 6. (D) Exon 7. (E) Exon 8. For each sample, the corresponding identified variants are presented in Table IV. wt, wild-type.

Figure 5. Investigation of phosphatase and tensin homolog exon 5 variant c.464A>C by HRM analysis in samples S9 (red), S2 (light blue) and S4 (blue). S11 represents the reference ‘wt’ (sample with no variations in this amplicon). (A) HRM curves. (B) Melting curves. HRM, high-resolution melting; wt, wild-type.
Table III. *PIK3CA* variants.

<table>
<thead>
<tr>
<th>Sample</th>
<th>FIGO stage</th>
<th>Location</th>
<th>Nucleotide change</th>
<th>Predicted protein change</th>
<th>Pathogenic effect</th>
<th>Reported by COSMIC</th>
<th>Other types of cancer</th>
<th>In EC</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>IB</td>
<td>Exon 1</td>
<td>IVS1+40A&gt;G</td>
<td>No (SNP)</td>
<td>UCSC/dbSNP/ClinVar</td>
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<td>IB</td>
<td>Exon 1</td>
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<tr>
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<td>IVS1+40A&gt;G</td>
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<tr>
<td>S5</td>
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<td>Exon 1</td>
<td>IVS1+40A&gt;G</td>
<td>No (SNP)</td>
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All the variants were heterozygous, excepted those indicated ‘homo’ (homozygosity). *This value represents the position of EC in the cosmic ranking for the mutation investigated. FIGO, International Federation of Gynecology and Obstetrics; *PIK3CA*, phosphoinositide 3-kinase catalytic subunit α; COSMIC, Catalogue of Somatic Mutations in Cancer; EC, endometrial cancer; SNP, single nucleotide polymorphism; FATHMM, Functional Analysis Through Hidden Markov Models.*
Table IV. *PTEN* variants.

<table>
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<tr>
<th>Sample</th>
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<th>Location</th>
<th>Nucleotide change</th>
<th>Predicted protein change</th>
<th>Pathogenic effect</th>
<th>Predicted by</th>
<th>Other types of cancer</th>
<th>Reported by COSMIC</th>
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*a* ovarian cancer
Table IV. Continued.

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</table>

All the variants were heterozygous, excepted those indicated 'homo' (homozygosity). This value represents the position of EC in the cosmic ranking for the mutation investigated. FIGO, International Federation of Gynecology and Obstetrics; PTEN, phosphatase and tensin homolog; COSMIC, Catalogue of Somatic Mutations in Cancer; EC, endometrial cancer; SNP, single nucleotide polymorphism; FATHMM, Functional Analysis Through Hidden Markov Models.

*This value represents the position of EC in the cosmic ranking for the mutation investigated.
the samples exhibited none, one or four mutations, 10% exhibited two or five mutations, and 26% exhibited three mutations. No specific mutation/variant load distribution was observed according to clinicopathological characteristics.

Discussion

Currently, there is increasing interest in investigating the genome alterations in tumors, with such research made possible by the development of specific and sensitive technologies (e.g. NGS or MassArray). These promising technologies are useful for understanding the mechanisms underlying carcinogenesis and cancer evolution, but are costly and require computational support for data analysis. For clinical application, the identification of genetic variations must be performed rapidly and cost-effectively, as usually performed by Sanger sequencing/pyrosequencing or PCR-HRMA procedures. Typically, qPCR is performed for confirmation analysis.

It is established that PCR-HRMA has a lower cost and is an accurate tool for mutation scanning, allowing the identification of variations through comparison of HRM curves; consequently, it is used as screening method or for the detection of known hotspot mutations. Its ability in discriminating known mutations is due to the use of reference material, or if this material is not available or novel variations are present in the samples analyzed, the technique is not able to identify the nucleotide change, but only to detect the presence (54-56). The HRMA curve shape depends on the number and type of nucleotide changes, with different nucleotide changes yielding different curves. The procedure alone is highly sensitive (overall sensitivity 0.1-5%) (50,51), but lacks specificity, since it does not allow for the direct evaluation of the specific nucleotide changes. Consequently, for the identification of nucleotide variations, the procedure requires the use of reference materials with the same alteration to be investigated along with the target samples, or further investigations by other techniques (such as sequencing or qPCR).

Sanger sequencing is the reference procedure for the identification of nucleotide changes for clinical purposes; even if this technology is unable to reveal variations at low levels (overall sensitivity ~20%) (48,49), sometimes pyrosequencing is used due its increased sensitivity. However, this methodology is relatively expensive compared with Sanger sequencing, even if more sensitive (57).

Currently, other high-throughput methodologies are beginning to be used in the clinic for the identification of genetic variation in clinical samples, such as NGS and MS that allow the evaluation of multiple genes/exons and several samples in the same run. Usually these procedures improve specificity and sensitivity, but are expensive either for their required instrumentation and methodological procedures, provide abundant information that is not useful for clinical purposes, and require trained personnel for data analysis. In particular, MS allows the evaluation of known variations on specific exons/genes; instead NGS allows the evaluation of genes or genome and the identifications of new genetic variants. qPCR, which has high sensitivity and specificity, allows the identification of well-known and characterized variations, but is expensive and

<table>
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<th>Sample</th>
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<th>PTEN variants</th>
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<td>p.Q171Q, IVS8+32T&gt;G</td>
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<td>S3</td>
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<td>p.Q171Q</td>
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</table>

Italic represents single nucleotide polymorphisms. Bold represents variations predicted as ‘pathogenic’ using PolyPhen-2. Underlining represents variation predicted as ‘pathogenic’ using Mutation Taster. Bold and underlining represents variation confirmed as ‘pathogenic’ by Catalogue of Somatic Mutations in Cancer. PIK3CA, phosphoinositide 3-kinase catalytic subunit α; PTEN, phosphatase and tensin homolog.
time-consuming if several genes or variations require analysis, and is not suitable for the detection of unknown variations. It is typically used for confirmation when Sanger sensitivity fails.

The present study establishes a combined procedure that overcomes the limitations of each technique alone (low sensitivity of Sanger sequencing and low specificity of HRMA) and combines the strengths (high specificity of Sanger sequencing and high sensitivity of HRMA) of these techniques. It also allows a double check for the presence of variants in the main exons of PIK3CA and PTEN, in order to improve the reliability of the results. The target of this approach is the identification of variants in single samples and in amplicons of between 100 and 200 bp in length; consequently, it cannot be compared with high-throughput procedures. Furthermore, this combined approach, in comparison with the application of either method alone, may decrease the amount of DNA used in the analysis (a single PCR is performed for the two methodologies) and the number of samples analyzed by Sanger sequencing. In particular, if a reference wild-type (wt) sample is used in the PCR-HRMA step, only the samples presenting HRM curves different from the wt should be analyzed by Sanger sequencing. Furthermore, PCR-HRMA can also only suggest the presence of novel variants, but they cannot be identified; by contrast, the combined use of PCR-HRMA and Sanger analysis can immediately confirm and identify the novel variations. This combined procedure may even be useful for defining patient eligibility for targeted therapy; it is known that targeted therapy is dependent on the identification of specific mutations by Sanger sequencing, and its efficacy is determined by the number of mutated cells and by the development of any new mutations that can originate from tumor heterogeneity or de novo. Owing to the high sensitivity of HRMA, suspected cases with a low proportion of mutations may still be identified and monitored (Table VI).

Table VI. Principal characteristics of the main procedures used for identification of variants in DNA sequence.

<table>
<thead>
<tr>
<th>Procedure</th>
<th>High-throughput</th>
<th>Single amplicon</th>
<th>PCR-HRMA+</th>
</tr>
</thead>
<tbody>
<tr>
<td>MassArray</td>
<td>Medium</td>
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<td>Medium</td>
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<tr>
<td>NGS</td>
<td>High</td>
<td>Medium</td>
<td>High</td>
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<tr>
<td>qPCR</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
</tr>
<tr>
<td>PCR-HRMA</td>
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<td>High</td>
<td>High</td>
</tr>
<tr>
<td>Sanger sequencing</td>
<td>High</td>
<td>Low</td>
<td>Medium</td>
</tr>
<tr>
<td>Pyrosequencing</td>
<td>Low</td>
<td>High</td>
<td>Medium</td>
</tr>
<tr>
<td>Sanger sequencing</td>
<td>Low</td>
<td>Low</td>
<td>High</td>
</tr>
</tbody>
</table>

| Cost per sample                  | Medium          | Medium          | Medium    |
| Sensitivity                      | High            | High            | High      |
| Specificity                      | No              | High            | High      |
| Discovery of novel variant       | Yes             | Yes             | Yes       |
| Identification of sequence change| Yes             | Yes             | Yes       |
| Multiple hotspot within amplicon length | No in the same well/yes in a run | Yes | Yes |
| Multi-exon analysis in the same preparation | Yes | Yes | No |
| Multi-sample analysis in the same preparation | Yes | Yes | No |
| Trained personnel                | Yes             | Yes             | Yes       |
| Cost of instrumentation          | High            | High            | High      |
| Data analysis                    | Yes             | Yes             | Yes       |

1 It depends on whether the run is set for detection of targeted variants (easy and less time-consuming) or for identification of a novel mutation (more time-consuming and expensive compared with targeted approach). 2 It depends on whether a multiplex or singleplex assay is used. 3 Several instruments are present on the market with a broad range of prices. NGS, next-generation sequencing; PCR, polymerase chain reaction; qPCR, quantitative PCR; HRMA, high-resolution melting analysis.
with PI3K/AKT/mTOR inhibitors, compared with a 10% RR in patients lacking PIK3CA mutations (42). It is conceivable that loss of PTEN function can be similarly predictive for therapy efficacy, whereas simultaneous mutations in the mitogen-activated protein kinase signaling pathway may lead to resistance to treatment (58,60). Identifying actionable molecular aberrations has been a critical step for several major therapeutic advances in cancer medicine.

A combined technique was established in the present study for the examination of G3 EEC in order to investigate the involvement of major mutations of the PI3K signaling pathway in this EC subtype, and to ultimately implement the clinical and pathological knowledge of this grade of EEC regardless of differing characteristics (e.g. FIGO stage and ESGO risk). The present pilot study demonstrated that the approach was successful in analyzing G3 EEC, specifically for the genetic profile of selected PIK3CA and PTEN exons.

It was observed, in the cohort of the present study, that several samples were wt for specific exons (from 22% of PTEN exon 6 to 100% of PTEN exon 7) and that the overall number of variations was broad (in a single sample there were up to three variations for PTEN exon 6 and up to seven variations overall).

The focus was on the PIK3CA exons 1, 9, and 21, and on the PTEN exons 5, 6, 7 and 8 since these are typically the more frequently mutated exons in EECs; indeed, in a previous study, Rudd et al (17), when investigating all PIK3CA and PTEN exons, identified that no other exons were involved in G3 EEC. Furthermore, to verify this result and to partially validate the combined methodological approach, three samples were analyzed by NGS obtained the same results. Nevertheless, not examining all exons of PTEN and PIK3CA is a limitation of the present study, and perhaps something to perform in the future.

Using the approach developed in the present study, the overall mutation load was determined by examining at least one variation in each of the two genes, and that 83% had mutations. Regarding PIK3CA, 39% of samples exhibited mutations, among which the most frequent were H1047R (27%), p.T1025A (7%) and p.Q546R (7%) (7,17,21,22). With regard to PTEN, 67% of the samples had mutations, including p.R189K (53%), p.D132H (13%), p.Y155H (7%) and p.R130H (7%).

As aforementioned, the overall mutational load was determined by examining at least one mutation in PIK3CA, and the patient with class III obesity had PIK3CA p.Q546 and PTEN p.T167fs* mutations, suggesting an association supported by a previous study of the association of obesity and EC through the involvement of the PI3K signaling pathway (62).

The preliminary data of the present study indicated potential for the use of a combined technological approach for the identification of variants in PIK3CA and PTEN. Although they are preliminary results owing to the limited number of samples analyzed, the data confirm the involvement of PI3K pathway alterations in G3 EEC; however, further investigation is required.

In conclusion, the present study has demonstrated the suitability and reliability of a combined approach (PCR-HRMA and Sanger sequencing) for the evaluation of variants in selected exons of PIK3CA and PTEN in G3 EEC, suggesting that this approach may be useful for improving the classification and personalized treatment of patients with EC.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions

FM performed Sanger sequencing, evaluation of Sanger electropherograms, analyses and interpretation of HRMA and Sanger data, identification of nucleotide changes using databases (COSMIC, PolyPhen-2 and mutation taster), and was a major contributor in writing the manuscript. IT collected the clinical and pathophysiological data for each patient, evaluated the criteria for tissue collection and selection, and set up a database containing patient information. FS was involved in patient recruitment, collection of the clinical and pathophysiological data for each patient, and evaluation of the criteria for tissue collection and selection. EP performed the FFPE sample collection, the histological examination of selected FFPE slices, and the selection of appropriate slices for molecular analysis. MF performed the FFPE sample collection, FFPE slices and the histological examination of selected FFPE slices. IT performed the patient recruitment, the surgery and treatment on enrolled women, and collection of informed consent. FP co-ordinated the clinical team for patient recruitment and supervised the data analysis. SP performed DNA extraction and PCR, evaluation of Sanger electropherograms and contributed in editing of the manuscript. IN performed the patient recruitment, the surgery and treatment on enrolled women, the collection of informed consents, follow-up of patients and contributed in editing of the manuscript. All authors read, revised and approved the final manuscript.

Ethics approval and consent to participate

Research is performed on humans following international and national regulations in accordance with The Declaration of Helsinki, or any other relevant set of ethical principles. This
research involved human subjects or tissues, and the authors state that informed consent for participation in the study or use of their tissue was obtained from all participants.

Patient consent for publication

The manuscript did not contain identifying information, including names, initials, date of birth, hospital numbers or images related to patients.

Competing interests

The authors declare that they have no competing interests.

References


