Abstract. MicroRNAs (miRs) serve important roles in various human cancers, including lung adenocarcinoma. Exploring the function and regulatory mechanism of miRs underlying lung adenocarcinoma progression may contribute to identifying novel therapeutic targets and candidates. The present study aimed to examine miR‑148a expression and investigate the molecular mechanisms of miR‑148a in lung adenocarcinomas. The data from the current study indicated that miR‑148a was significantly downregulated in lung adenocarcinoma tissues and cell lines, and low miR‑148a expression was significantly associated with advanced Tumor, Node, Metastasis stages and lymph node metastasis, as well as the shorter survival time of patients. Increased miR‑148a expression markedly decreased the cell proliferation, colony formation and cell cycle progression of H23 and H1975 cells. Transcription factor E2F3 (E2F3) was identified as a target of miR‑148a in H23 and H1975 cells. The expression of E2F3 was negatively mediated by miR‑148a in H23 and H1975 cells. In addition, E2F3 was significantly upregulated in lung adenocarcinoma tissues and cell lines, and the expression of miR‑148a was inversely correlated with E2F3 expression in lung adenocarcinoma tissues. Additional experiments demonstrated that increased E2F3 expression counteracted the inhibitory effects on lung adenocarcinoma cells caused by miR‑148a overexpression. In summary, the findings of the current study suggest that miR‑148a may have suppressive effects on the proliferation of lung adenocarcinoma cells at least in part through directly targeting E2F3. Therefore, miR‑148a may be used as a potential candidate for the treatment of lung adenocarcinoma.
healthy controls. Additionally, miR-148a has been reported to serve a suppressive role in NSCLC (13-15). However, the regulatory mechanism of miR-148a in lung adenocarcinoma growth remains largely unclear. The present study aimed to explore the clinical significance of miR-148a expression in lung adenocarcinoma, and investigate its function and regulatory mechanisms in lung adenocarcinoma cell proliferation.

Materials and methods

Tissue samples. The current study was approved by the Ethics Committee of the Affiliated Hospital of Binzhou Medical College (Binzhou, China). Lung adenocarcinoma and adjacent non-tumour tissues were collected from 53 patients with lung adenocarcinoma between June 2011 and October 2013 at Affiliated Hospital of Binzhou Medical College. Table I summarizes the clinical and pathological features of these patients. Written informed consent was obtained from all patients, and none of the patients underwent chemotherapy or radiotherapy prior to surgery. All tissues were quickly snap-frozen in liquid nitrogen following surgical resection and stored at -80°C prior to use.

Cell culture. Several common lung adenocarcinoma cell lines (H23, H1975, H2228, and H2085) and a normal bronchial epithelium cell line (BEAS-2B) were obtained from American Type Culture Collection (Manassas, VA, USA). These cells were cultured in Dulbecco's modified Eagle's medium (DMEM) containing 10% foetal bovine serum (FBS; both Thermo Fisher Scientific, Inc., Waltham, MA, USA). Cells were all maintained in a humidified incubator containing 5% CO₂ and 95% O₂ at 37°C.

Cell transfection. Cells transfection was conducted using Lipofectamine® 2000 (Thermo Fisher Scientific, Inc.) following the manufacturer's protocol. 100 nM miR-148a mimics (cat. no. HmiR0102-MR04), negative control (NC) miR mimics (miR-NC; cat. no. CmiR0001-MR04), miR-148a inhibitor (cat. no. HmiR-AN0024-SN-10), NC inhibitor (cat. no. CmiR-AN0001-SN; all Guangzhou Fulengen Co., Ltd., Guangzhou, China), or 1 mg pcDNA3.1-E2F3 expression plasmid or blank pcDNA3.1 plasmid (both Hunan Nanhua Aishi Pulin Biotechnology; NanHua Bio-medicine Co., Ltd., Changsha, China) were transfected into H23 and H1975 cells (5x10⁶ cells/well). Following transfection for 48 h, subsequent experiments were conducted.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). Total RNA was extracted from tissues and cell lines using TRIzol Reagent (Thermo Fisher Scientific, Inc.) and then reverse transcribed to cDNA using SuperScript III Reverse Transcriptase (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. qPCR was conducted using the SYBR-Green Real-Time Master mix (Toyobo Life Science, Osaka, Japan) according to the manufacturer's protocol. The reaction was performed under the following conditions: 95°C for 5 min, and 40 cycles at 95°C for 15 sec and 60°C for 15 sec. GAPDH and U6 were used as internal controls to normalise the expression of E2F3 and miR-148a, respectively. The relative expression was calculated by the 2^ΔΔCq method (16). The primer sequences were as follows: E2F3 forward, 5'-AGAAAG CGGCTCATCAGTACT-3' and reverse, 5'-TGGACTTCGTAG TGCAAGCTC-3'; GAPDH forward, 5'-GGAGCCGATCCCC CTCCAAAAAT-3' and reverse, 5'-GGCTGTGGTGCATCACT TCTCAGTG-3'; U6 forward, 5'-CTCGTTCGCGAGCA CATATG-3' and reverse, 5'-CGTCTACGAATTTGCCGT GT-3'. In addition, the primers for miR-148a were purchased from Guangzhou Fulengen Co., Ltd. (cat. no. HmiRQP0204) and the sequences were not supplied by the manufacturer. The experiments were repeated three times.

Cell proliferation analysis. Following transfection, the H23 and H1975 cells were seeded onto 96-well plates at a density of 2x10⁵ cells/well and cultured in DMEM supplemented with 10% FBS at 37°C for 0, 24, 48 and 72 h. Cell proliferation was determined using Cell Counting kit-8 (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. Absorbance was detected at an optical density of 450 nm by a spectrophotometer. The experiments were repeated three times.

Cell cycle analysis. Transfected H23 and H1975 cells were washed twice with ice-cold PBS and fixed with 70% ethanol at -20°C overnight. Cells were incubated with 50 mg/ml propidium iodide (Thermo Fisher Scientific, Inc.) and 1 mg/ml RNase for 30 min in the dark at room temperature. The distribution of the cell cycle was analysed using a flow cytometer and BD Accuri™ C6 software (version 1.0; BD Biosciences, Franklin Lakes, NJ, USA). The experiments were repeated three times.

Colony formation assay. Transfected H23 and H1975 cells suspensions (300 cells/well) were seeded in a 6-well plate and cultured in a humidified incubator containing 5% CO₂ at 37°C for 2 weeks. Then, the cells were fixed with 4% polyformaldehyde at room temperature for 30 min and stained with 0.1% crystal violet at room temperature for 10 min. The number of colonies was counted under a light microscope (magnification, x10). The experiments were repeated three times.

Bioinformatics analysis and dual-luciferase reporter gene assay. TargetScan 7.1 software (http://www.targetscan.org/) was used to predict the putative targets of miR-148a. The wild type (WT) and mutant type (MT) sequences in the 3'-UTR of E2F3 mRNA, which contained the putative binding sites of miR-148a, were cloned into the pMIR-REPORT luciferase reporter plasmids (Promega Corporation, Madison, WI, USA). Transfected H23 and H1975 cells were then transfected with miR-148a mimics or miR-NC with WT E2F3 or MT E2F3 plasmids, respectively, using Lipofectamine 2000. After the cells were transfected for 48 h, the relative luciferase activity was determined using the Dual-Luciferase® Reporter Assay system (Promega Corporation) according to the manufacturer's protocol. The activity of firefly luciferase was normalized to the activity of Renilla luciferase. The experiments were repeated three times.

Western blot analysis. Total protein was isolated from H23 and H1975 cells using a radioimmunoprecipitation assay lysis buffer (Thermo Fisher Scientific, Inc.). The protein concentration was determined using a BCA Protein Assay kit (Thermo Fisher Scientific, Inc.) following the manufacturer's protocol. The activity of firefly luciferase was normalized to the activity of Renilla luciferase. The experiments were repeated three times.
kit (Thermo Fisher Scientific, Inc.). Protein (50 µg/lane) was separated by 12% SDS-PAGE, which was then transferred onto a polyvinylidene fluoride membrane (Thermo Fisher Scientific, Inc.). The membrane was blocked with 5% non-fat milk in TBST overnight at 4˚C. Following three washes with TBST, the membrane was incubated with rabbit anti-human E2F3 (cat. no. ab50917) and GAPDH (cat. no. ab9485; both 1:200; Abcam, Cambridge, MA, USA) primary antibodies at room temperature for 3 h. Following three washes with TBST, the membrane was incubated with horseradish peroxidase-conjugated goat anti-rabbit secondary antibody (cat. no. ab6721; 1:5,000; Abcam) at room temperature for 1 h. The protein signal was visualized using an enhanced chemiluminescence detection system (GE Healthcare, Chicago, IL, USA) and analysed with Quantity One® software (version 4.62; Bio-Rad Laboratories, Inc., Hercules, CA, USA). GAPDH was used as an internal control. The experiments were repeated three times.

Statistical analysis. Data are expressed as mean ± standard deviation. SPSS software (version 19.0; IBM Corp., Armonk, NY, USA) was used to perform statistical analysis. The experiments were repeated three times. Differences between the groups were analysed using an unpaired Student's t-test or a paired Student's t-test. Differences between more than two groups were analysed using one-way analysis of variance with a Turkey's post hoc test. The Kaplan-Meier method and log-rank test was used for the survival analysis of patients grouped by high and low miR-148a expression. The association between miR-148a and the clinicopathological features in lung adenocarcinoma was analysed using a χ² test. Pearson's correlation coefficient was used to analyse the correlation between the miR-148a and E2F3 expression levels in the lung adenocarcinoma tissues. P<0.05 was considered to indicate a statistically significant difference.

Results

miR-148a is downregulated in lung adenocarcinoma. To examine the expression of miR-148a in lung adenocarcinoma, RT-qPCR was conducted. The data demonstrated that the expression of miR-148a was significantly reduced in lung adenocarcinoma tissues compared with that in adjacent non-tumour lung tissues (Fig. 1A). The association between miR-148a and the clinicopathological features in lung adenocarcinoma was analysed using a χ² test. Pearson's correlation coefficient was used to analyse the correlation between the miR-148a and E2F3 expression levels in the lung adenocarcinoma tissues. P<0.05 was considered to indicate a statistically significant difference.

Table I. Association between miR-148a expression and clinicopathological characteristics in lung adenocarcinoma tissue.

<table>
<thead>
<tr>
<th>Variables</th>
<th>Cases (n=53)</th>
<th>miR-148a expression</th>
<th>P-value</th>
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<tr>
<td></td>
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<td>High (n=28)</td>
</tr>
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<td>17</td>
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<td>Tumor size (cm)</td>
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<td>&lt;3</td>
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<td>Smoking history (years)</td>
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<tr>
<td>Positive</td>
<td>29</td>
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<td>11</td>
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</table>

TNM, Tumor, Node, Metastasis; miR, microRNA.
Then, the miR-148a expression was examined in several common lung adenocarcinoma cell lines compared with normal bronchial epithelium BEAS-2B cells. The data indicated that miR-148a was also downregulated in these lung adenocarcinoma cell lines compared with BEAS-2B cells (Fig. 1B). Therefore, miR-148a is downregulated in lung adenocarcinoma cell lines, which may contribute to the malignant progression of this disease.

In addition, patients with low miR-148a expression had a shorter survival time compared with those with high miR-148a expression (Fig. 1C). These findings suggest that low miR-148a expression may predict poor prognosis for patients with lung adenocarcinoma.

miR-148a overexpression inhibits cell proliferation, colony formation and cell cycle progression of lung adenocarcinoma cells. As miR-148a was downregulated in lung adenocarcinoma cells, miR-148a mimics were transfected into H23 and H1975 cells to increase its expression. Following the transfection, RT-qPCR was conducted and the data revealed that miR-148a was significantly upregulated in H23 and H1975 cells in the miR-148a group compared with the control group (Fig. 2A). Additional experiments demonstrated that the overexpression of miR-148a significantly decreased the proliferation and colony formation of H23 and H1975 cells compared with the control group (Fig. 2B and C). Flow cytometry was then conducted to evaluate the cell cycle distribution and the data revealed that the upregulation of miR-148a caused a significant cell cycle arrest at the G1 stage compared with the control group (Fig. 2D). These results suggest that miR-148a overexpression inhibits the cell proliferation of the lung adenocarcinoma via inducing cell cycle arrest.

E2F3 is a target of miR-148a in lung adenocarcinoma cells. The underlying mechanisms of miR-148a in lung adenocarcinoma cells were investigated. Bioinformatic analysis was conducted to predict the putative target genes of miR-148a. As presented in Fig. 3A, E2F3 was a predicted target gene of miR-148a. To verify this prediction, a dual-luciferase reporter gene assay was performed in H23 and H1975 cells. The data indicated that overexpression of miR-148a in the miR-148a group significantly reduced the firefly luciferase activity of the WT 3'-UTR of E2F3 compared with that of the control group, but overexpression of miR-148a exhibited no significant effect on the luciferase activity of the MT 3'-UTR of E2F3 in H23 and H1975 cells (Fig. 3B and C). It was further observed that the overexpression of miR-148a significantly reduced the mRNA and protein expression of E2F3 in H23 and H1975 cells compared with the control group (Fig. 3D and E). Subsequently, H23 and H1975 cells were transfected with miR-148a inhibitor or NC inhibitor, respectively. Following transfection, the expression of miR-148a was significantly reduced in the miR-148a inhibitor group when compared with the NC inhibitor group (Fig. 3F). In addition, it was demonstrated that transfection with a miR-148a inhibitor significantly increased the mRNA and protein expression of E2F3.
E2F3 in H23 and H1975 cells compared with those in cells transfected with an NC inhibitor (Fig. 3G and H). Therefore, E2F3 was revealed to be a direct target of miR-148a and the expression of E2F3 was negatively mediated by miR-148a in lung adenocarcinoma cells.

**E2F3 is upregulated in lung adenocarcinoma.** RT-qPCR analyses were conducted to examine E2F3 mRNA expression in tissues, and the data indicated that E2F3 expression was significantly upregulated in lung adenocarcinoma tissues compared with that in adjacent non-tumour lung tissues (Fig. 4A). Then, the mRNA expression of E2F3 was examined in lung adenocarcinoma cell lines and BEAS-2B cells. The data indicated that E2F3 was also upregulated in lung adenocarcinoma cell lines compared with BEAS-2B cells (Fig. 4B). Notably, the expression of miR-148a was significantly and inversely correlated with E2F3 expression in lung adenocarcinoma tissues (Fig. 4C). Therefore, the increased expression of E2F3 may be caused by the reduced expression of miR-148a in lung adenocarcinoma tissues.
LIU et al: MicroRNA-148a INHIBITS LUNG ADENOCARCINOMA

Figure 3. E2F3 is a target gene of miR-148a in lung adenocarcinoma. (A) Putative WT binding sequences in the 3’-UTR of E2F3. (B) Diagram of the putative WT and MT binding sequences in the 3’-UTR of E2F3. (C) H23 and H1975 cells were co-transfected with miR-148a mimics or miR-NC and WT-E2F3 or MT-E2F3 reporter gene plasmid, respectively. Following a 48-h transfection, relative luciferase activity was determined using a dual luciferase reporter assay system. The (D) mRNA and (E) protein expression of E2F3 was detected by RT-qPCR and western blot analyses in H23 and H1975 cells transfected with miR-148a mimics or miR-NC. (F) Transfection with miR-148 inhibitor significantly reduced the miR-148 expression compared with transfection with NC inhibitor. The (G) mRNA and (H) protein expression of E2F3 was detected by RT-qPCR and western blot analyses in H23 and H1975 cells transfected with miR-148a inhibitor or NC inhibitor. \(^*\)P<0.05 vs. miR-NC. \(^\#\)P<0.05 vs. NC inhibitor. WT, wild type; MT, mutant type; UTR, untranslated region; miR, microRNA; NC, negative control; E2F3, transcription factor E2F3; RT-qPCR, reverse transcription-quantitative polymerase chain reaction.
Restoration of E2F3 expression counteracts the suppressive effects of miR-148a overexpression on lung adenocarcinoma cells. The authors of the current study investigated whether the suppressive effects of miR-148a on lung adenocarcinoma cells were mediated by E2F3. H23 and H1975 cells were co-transfected with miR-148a mimics and the E2F3 expression or blank pcDNA3.1 plasmid. Following transfection, the E2F3 mRNA and protein expression levels were significantly and markedly increased, respectively, in the miR-148a+E2F3 group compared with the miR-148a+blank group (Fig. 5A and B). Subsequent functional assays revealed that the cell proliferation, colony formation and cell cycle progression were also significantly promoted in the miR-148a+E2F3 group compared with the miR-148a+blank group (Fig. 5A and B). Subsequent functional assays revealed that the cell proliferation, colony formation and cell cycle progression were also significantly promoted in the miR-148a+E2F3 group compared with the miR-148a+blank group (Fig. 5C-E). These findings suggest that restoration of E2F3 expression counteracts the suppressive effects of miR-148a overexpression on lung adenocarcinoma cells.

Discussion

The present study aimed to examine miR-148a expression in lung adenocarcinoma and investigate the molecular mechanisms of miR-148a underlying lung adenocarcinoma growth. It was revealed that miR-148a was significantly downregulated in lung adenocarcinoma tissues and cell lines, and low miR-148a expression was significantly associated with advanced TNM stages and lymph node metastasis, as well as a shorter survival time for patients. Increasing miR-148a expression greatly decreased the cell proliferation, colony formation and cell cycle progression of H23 and H1975 cells. E2F3 was identified as a target of miR-148a in H23 and H1975 cells. In addition, the expression of E2F3 was negatively regulated by miR-148a in H23 and H1975 cells. E2F3 was greatly upregulated in lung adenocarcinoma tissues and cell lines, and the expression of miR-148a was inversely correlated with the E2F3 expression in lung adenocarcinoma tissues. Additional experiments demonstrated that increasing E2F3 expression counteracted the inhibitory effects on lung adenocarcinoma cells caused by miR-148a overexpression. These findings suggest that the downregulation of miR-148a may be implicated in the malignant progression of lung adenocarcinoma.

Deregulations of miR-148a expression have been observed in different cancer types (17-19). For example, miR-148a expression was downregulated in gastric cancer tissues compared with their corresponding non-tumour tissues, which was significantly associated with advanced TNM stages and lymph node metastasis, and induced the suppression of gastric cancer cell migration and invasion (20). In contrast, miR-148a is androgen-responsive and promotes prostate cell growth by inhibiting cullin-associated
NEDD8-dissociated protein 1 expression (21). Reduced miR-148a expression contributed to the suppression of osteosarcoma cell death (22). These diverse functions of miR-148a in different cancer types may be due to the different tumour microenvironment.

Additionally, certain miR-148a targets have been identified, including receptor tyrosine-protein kinase erbB-3 (23), rho-associated protein kinase 1 (ROCK1) (20), ubiquitin carboxyl-terminal hydrolase 4 (19), DNA (cytosine-5)-methyltransferase 1 (24), proto-oncogene Wnt-1 (25),
collagenase 3 (26) and CCK-BR (9). Li et al (27) demonstrated that miR-148a suppressed epithelial-mesenchymal transition by targeting ROCK1 in NSCLC cells. He and Xue (15) reported that miR-148a inhibited NSCLC cell proliferation and invasion via inhibition of STAT3 expression. In the current study, E2F3 was confirmed to be a direct target gene of miR-148a in lung adenocarcinoma cells. E2F3 is a key regulator of the G1/S phase transition, and the activation of E2F3 serves a role in promoting the development and progression of different cancer types through promoting the malignant phenotypes of cancer cells (28,29). In addition, specific miRs have been identified as miRs that directly target E2F3 to inhibit cancer progression. For instance, miR-503 inhibits cell proliferation and induces apoptosis in colorectal cancer cells by targeting E2F3 (30). miR-200c inhibits the invasion, migration and proliferation of bladder cancer cells through inhibiting the expression of polycomb complex protein BMI-1 and E2F3 (31). In the present, it was revealed that E2F3 was significantly upregulated in lung adenocarcinoma tissues and cell lines, and the increased expression of E2F3 was inversely correlated with the reduced expression of miR-148a in lung adenocarcinoma tissues. These findings suggest that the downregulation of miR-148a contributes to the upregulation of E2F3 in lung adenocarcinoma. As further experiments demonstrated that the overexpression of E2F3 counteracted the inhibitory effects of miR-148a on lung adenocarcinoma cells, the authors of the present study suggest that targeting E2F3 may become a promising therapeutic strategy for lung adenocarcinoma.

In summary, the present study demonstrated that miR-148a has suppressive effects on the proliferation, colony formation and cell cycle progression of lung adenocarcinoma cells, at least in part, through directly targeting E2F3. Therefore, the authors of the current study suggest that miR-148a may be used as a potential candidate for the treatment of lung adenocarcinoma.

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Availability of data and materials

All data generated or analysed during this study are included in this published article.

Authors' contributions

JL collected clinical tissues and wrote the manuscript. HT designed the study and revised the manuscript. LS and JL performed all experiments.

Ethics approval and consent to participate

The current study was approved by the Ethics Committee of Affiliated Hospital of Binzhou Medical College. All written informed consents have been obtained from patients involved in the current study.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

References


